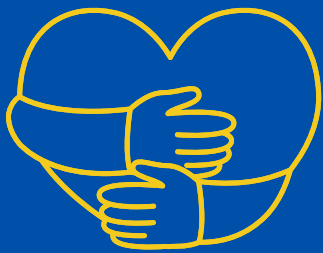


SAFETY

DO YOU NEED SUPPORT?

Write to the plenipotentiary
for student safety
and doctoral students:

bezpieczny.student@umk.pl



Apply for psychological help



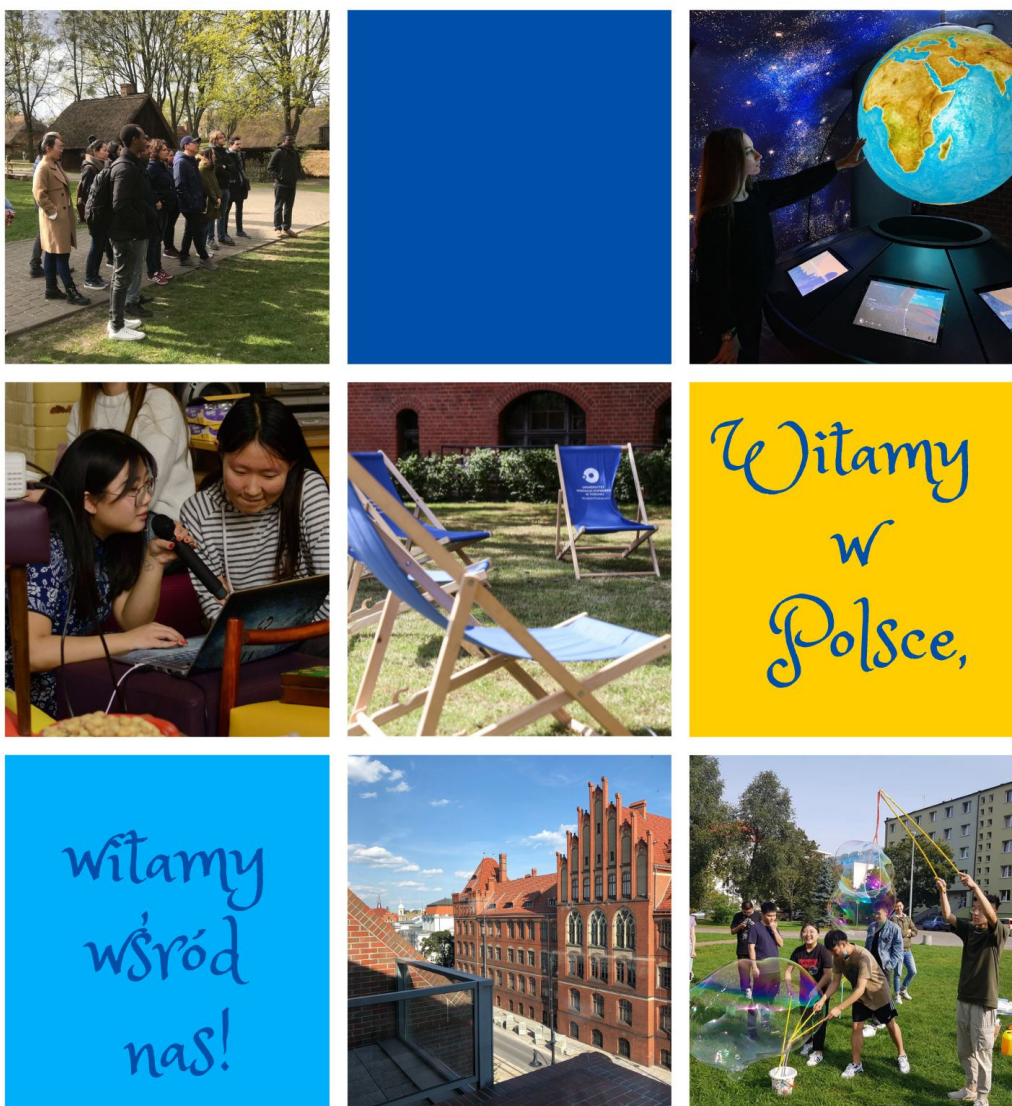
Call:

116 123
emotional support line for adults
daily 2.00-8.00 p.m.

22 484 88 01
antidepressant helpline
Monday-Friday 3.00-8.00 p.m.



In the case of an imminent
threat to life or health
call the emergency number 112.



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